

Table 2 Congenital Heart Assessment Tool (CHAT)

Parent's Traffic Light System			
	Green – low risk	Amber – Intermediate Risk A –if any of these signs are present ring for advice from Ward (name ward) – if in doubt call 999	Red- High Risk R – if any of these signs are present ring 999
Baby's Skin Colour	Your baby's usual colour of skin, tongue, especially lips and nails	Bluer or paler than usual, or mottled	Very pale/bluer, very mottled
Baby's Activity	Behaves normally e.g. Content/smiles Stays awake or awakens quickly (as normal) Normal crying easily resolved by e.g. feeding, comfort, nappy change etc	Quieter than normal, not feeding as normal Sleeping more than normal Responding less during normal activity Slightly irritable	Not responding to normal activity Does not wake or if roused does not stay awake Weak, high-pitched or continuous cry or no crying at all
Baby's breathing	Usual breathing (rate, rhythm and effort) for your baby	More breathless, faster rate, working harder to breath, noisier breathing than normal Sucking in skin below ribs more than normal Nasal flaring Oxygen saturation range (add individual details)	<ul style="list-style-type: none"> • Very breathless • Struggling to breath • Exhausted • Very noisy breathing (Grunting) • Very fast breathing or very slow breathing • severe 'sucking in skin' below ribs

		
Baby's circulation	Your baby's usual colour and warmth of hands and feet	More sweaty or clammy than usual Cooler hands and feet than usual and not 'pinking back up' Eyes, hand, feet and/or tummy puffier/more swollen than normal	Very cold, sweaty or clammy hands and feet Unresponsive Very puffy/ very swollen eyes, hands, feet or tummy
Baby's Feeding	Baby feeding normally and regularly wet nappies Discharge feeding regime: (add details)	Any diarrhoea or vomiting Vomit after medications Poor feeding or struggling to feed (e.g. reduced time on breast) Not keeping feeds down Nappies less wet than normal More constipated than normal or change from normal bowel movements Slightly sunken 'soft spot'	Completely off feeds – not feeding at all Dry nappies Very sunken 'soft spot'
Other	None of the amber or red signs. Baby is following their own 'normal' growth line	Weight – increased or decreased Add in individualised weight range 	Significant weight increase or decrease outside weight range given
Parent Response	Good ... Carry on as usual	Having seen changes in your baby's condition you must now ring Ward (Name ward) Phone number: to discuss these	Your baby is seriously ill phone an ambulance (999) immediately

		signs and what to do next	
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